# CHECKLIST FOR WORKING REMOTELY Practice 2.0

Practice Management Advice Program

A free, confidential member benefit

Whether you are going to be working remotely for a short time, or are considering it as a long-term option, you should be aware of what you'll need. We've compiled this checklist to help you get started. For more information about your specific circumstances or needs, please call us at Practice 2.0, 602-340-7332, for a quick question or to schedule a 30-minute consultation.

You may also wish to view our Remote Working Basics CLE webinar, available OnDemand.

# □ Equipment

- Laptop with sufficient RAM and memory.
  - You may expect to spend between \$1,000 and \$1,500 on a PC, more if you opt for a MAC/Apple product.

#### Monitor

- If you are going to working remotely on a regular basis, you may want a monitor in addition to your laptop.
  - We encourage this as it may help prevent eye strain, permit you to have multiple documents, windows open and useable at the same time.
  - When choosing a monitor be mindful of resolution and size; and be sure the connections it offers are consistent with your existing equipment (for example, if you don't have USB ports available, make sure the monitor works with an HDMI port)

#### Printer

 Even if you are "paperless" or a paper-on-demand office, you will likely need to be able to print occasionally.

#### Scanner

These days a scanner is a piece of equipment you will likely want. The Fujitsu ScanSnap is certainly the scanner of choice for lawyers these days, but there are many other options.

#### Shredder

If you have paper relating to your legal matters you will want to be able to dispose of them securely. While you may accumulate them at the office for a commercial shredding service, if you are working from home you'll want to make sure that the draft of a pleading doesn't inadvertently end up as scrap paper for children's drawings, or inadvertently disposed of in a way that exposes confidential information.

# Phone

- Call forwarding
  - If your office phone is a VOIP (voice over internet) you will likely be able
    to forward it to your personal cell phone (or landline if you have one –
    don't laugh, many people still have one)

- Consider getting a second number on your personal cell phone for your practice.
   There are many apps and services in the marketplace that make this easy and affordable.
- If you are going to work remotely on a regular basis after this health crisis ends, consider using a virtual receptionist. There are limitations in what you should permit them to do, but they can provide a "warm hand-off" for calls to your office.

# □ Internet

- Be sure your home internet services are sufficiently fast and powerful to handle the extra load; if not, now is the time to upgrade.
- Be sure that you have secured your router; you'll want WPA2-AES security to be set on the router.

## Security

- Virtual Private Network (VPN). If you do not have a VPN, get that set up right now. Simply visualized, a VPN sets up a secure tunnel that enables you to safely navigate the internet.
  - Each year PCMagazine and CNET compile a list of the best VPN services. If you are unsure where to start, check either of their annual ratings.
- Passwords. The latest guidance on passwords is that you no longer need to change them every 90 days or six months. The best practice is to create a memorable catch phrase, known only to you, and use the first letters of each word in a mix of upper and lower case letters combined with numbers and symbols; and that a good password is between 15 and 20 characters in length.
  - If you don't want to, or are insecure about, remembering individual passwords for each site or service you use, consider using a password manager, like LastPass, Dashlane, or 1Password.
- Multifactor authentication (MFA, or 2FA). This is a method by which you need more than a single password to access services or apps. MFA may mean that before you log on you need to enter both your password, and a verification code sent to your phone; it may also include the use of a physical token, like a YubiKey.

## ☐ Practice management software/Document management software

- If you are going to work remotely, you will find life exponentially easier if you use cloud-based practice management and/or document management software.
  - NOTE: Right now, because of the critical situation, many practice management software services are offering their services for free for a short period of time. Please don't choose based only on this factor you'll need to be sure you are picking the right software for your needs and that you aren't going to run into trouble with onboarding, or converting current data into their system, in the

future. Please due your due diligence and if you have questions, call us at Practice 2.0.

#### Back-up

Practice management and document management providers will backup your data, but it's a good idea to have an independent back-up method. Services like Carbonite, Mozy and SpiderOak will give you the additional security of having a backup of your data that will not be reliant on your continuing relationship with your current practice management software.

#### Licenses

Do you have sufficient licenses for all of your software to allow additional users?
 It's easy to add licenses, but make sure you don't overcommit, or commit for longer than you anticipate needing them.

#### Online fax services

If e-filing may not be an option, you may need an online fax program or service

#### ☐ Mail

- O How will you handle your physical mail?
  - There are services that will receive and scan your mail for you, but there is a cost.
  - Make a plan on how to receive mail. Forwarding through the USPS may take 7 –
     10 days, so you may want to plan to go into your physical office to retrieve mail.
    - You may consider using a PO Box, at the Post Office or other retail facility, but make sure you know their hours and if they will remain open.

## □ Physical surroundings

- Desk/work surface and chair
  - Make sure your work surface is sufficient, whether it's a desk, or a table, or your kitchen counter
  - Be sure that wherever you choose to work provides privacy you don't want your family members to be able to view confidential client information.
    Remember that under ER 1.6 confidentiality is more extensive than privilege and that there is no exception just because you are forced to stay-at-home.
  - Be sure your chair is comfortable and provides good ergonomic support.

## ☐ Have a communication plan

- Think about how you will communicate with clients and how clients will be able to communicate with you. Check our tips above on phone options.
- Using a secure client portal, either incorporated into your practice management software, or a stand-alone secure portal (not the free version file-sharing programs like Dropbox) will enable you to share documents with your clients without exposing them to risk by attaching them to insecure emails.
- o **Do you need to encrypt emails?** Maybe. There are a number of products that integrate with Outlook or your paid version of Gmail, that permit you to encrypt only as needed.

If your emails to clients contain confidential information you may need to encrypt. If you use a client portal, however, this may be unnecessary.

## Video conferencing

There are many options available. If you use Office 365 you may be able to make use of Teams; otherwise there are a variety of services available free for limited services or for a reasonable cost, such as Zoom or GoToMeeting, join.me, WebEx. As with most things, the paid versions likely offer more security.

# ☐ Other practical tips for successfully working remotely

- Consider whether you need IT support. If it's not going to be readily available, you may want to create a relationship with an IT consultant. Not sure where to start? We have some suggestions. Be sure that whoever you deal with is accustomed to working with lawyers we have confidentiality concerns that other professionals may not share.
- Dedicate a space for work
  - In addition to privacy concerns, dedicating a space where you work that is not for relaxing or recreation will help you define your work day – and when that is over.
- Dedicate work hours
  - Just because you are working from home does not mean that you need to be on-duty 24/7. Decide on your working hours and then stick to them. You deserve down time too!
- Dress for work
  - It may seem silly when you are working from home, but dressing for work, even more casually than usual will help signal your brain that this is work time, not play time.
- Be sure to use the log-in or sign-in functions on your computer, and log-out when you
  are going to be away from your computer for more than a moment. This will help
  ensure privacy and confidentiality and will also prevent the inadvertent use of your
  computer by family members while you have your files open.

Have more questions? Want to talk about your specific practice needs? Call us at Practice 2.0, 602-340-7332.